



Applying the HCA Model in Practice One-Day Workshop

www.healthcoachingaustralia.com

8.00	Registration / arrival refreshments
8.30	Workshop commences
8.30 – 10.30	Health Coaching review and discussion
10.30 – 10.45	Morning Tea
10.45 – 1.00	Workshop continues
1.00 – 1.45	Lunch
1.45 – 3.30	Workshop continues
3.30 – 3.45	Afternoon Tea
3.45 – 4.45	Workshop continues
4.45 – 5.00	Wrap-up, Evaluations, Certificates (if applicable)